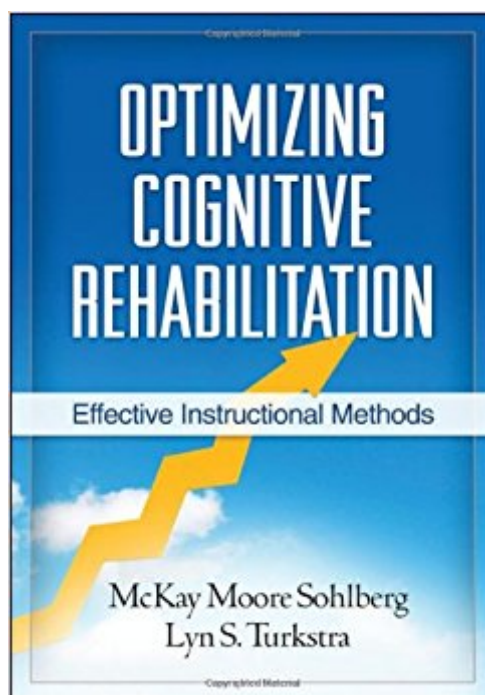


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# Optimizing Cognitive Rehabilitation: Effective Instructional Methods



## Synopsis

Rehabilitation professionals face a key challenge when working with clients with acquired cognitive impairments: how to teach new skills to individuals who have difficulty learning. Unique in its focus, this book presents evidence-based instructional methods specifically designed to help this population learn more efficiently. The expert authors show how to develop, implement, and evaluate an individualized training plan. They provide practical guidelines for teaching multistep procedures, cognitive strategies, the use of external aids, and more. User-friendly features include 17 sample worksheets and forms; blank forms can be downloaded and printed in a convenient 8 1/2" x 11" size.

## Book Information

Hardcover: 292 pages

Publisher: The Guilford Press; 1 edition (May 17, 2011)

Language: English

ISBN-10: 1609182006

ISBN-13: 978-1609182007

Product Dimensions: 10 x 7 x 1.2 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars 9 customer reviews

Best Sellers Rank: #181,180 in Books (See Top 100 in Books) #194 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Neurology #207 in Books > Textbooks > Social Sciences > Psychology > Neuropsychology #235 in Books > Politics & Social Sciences > Social Sciences > Customs & Traditions

## Customer Reviews

"If you need to know how to help a patient with any form of brain injury, this is the book for you. It is written by outstanding authorities in the field, at a level that is practical for every type of care provider. Of particular importance are the principles of 'plan, implement, and evaluate,' the connections to research evidence, and the practical exercises for teaching multistep routines, the use of external aids, and metacognitive strategies."--Michael I. Posner, PhD, Department of Psychology (Emeritus), University of Oregon "This book should be required reading for anyone, in any discipline, who practices rehabilitation with cognitively impaired patients. This is what the field has always needed--a resource that combines theory, research evidence, clinical reasoning, and practical 'how-tos' in a single, clearly written, and superbly documented volume. The book provides

detailed guidance on how to engage and train patients. It is packed with materials that can be used right away for treatment, all illustrated with useful examples. The well-designed application exercises will be valuable additions to classroom teaching or to any rehabilitation department's clinician training series."/m-/Tessa Hart, PhD, Moss Rehabilitation Research Institute, Elkins Park, Pennsylvania" This book is unique in two ways. First, it pulls together theories and techniques from a variety of fields, including neuropsychology, cognitive psychology, special education, neuroplasticity, and brain injury rehabilitation. These disciplines are rarely, if ever, brought together, and Sohlberg and Turkstra provide a tremendously helpful synthesis, leading to groundbreaking new ways of thinking about rehabilitation. Second, it provides clear-cut ideas for ways that therapists can apply these exciting theoretical breakthroughs in daily practice. An extremely valuable resource."--Sarah A. Raskin, PhD, Department of Psychology and Neuroscience Program, Trinity College

McKay Moore Sohlberg, PhD, CCC-SLP, is Full Professor at the University of Oregon, in Eugene, where she directs the master's and PhD training programs in Communication Disorders and Sciences. She is widely known for her pioneering work in the field of cognitive rehabilitation, having authored numerous journal articles, two leading texts in the field, and a number of widely used evidence-based clinical programs. Her research focuses on the development and evaluation of methods to manage acquired deficits in attention, memory, and executive functions. Dr. Sohlberg is supported by a number of federal grants to develop and evaluate assistive technology for individuals with cognitive impairment. She has been active at the national level in the development of evidence-based practice guidelines for cognitive rehabilitation. Lyn S. Turkstra, PhD, CCC-SLP, is Associate Professor at the University of Wisconsin-Madison, where she directs the Communication and Cognition Laboratory. She is known internationally for her research on communication disorders in adolescents and adults with traumatic brain injury (TBI) and has published numerous articles in this area. Her research aims to advance understanding of the cognitive basis of communication problems in individuals with brain injury, particularly in relation to social communication. Dr. Turkstra is board certified by the Academy of Neurologic Communication Disorders and Sciences. She is the lead author of national evidence-based practice guidelines for assessment of individuals with communication disorders after TBI and has been active in the development of guidelines for cognitive rehabilitation and interdisciplinary collaboration.

smooth transaction. Very readable.

Such a wonderful book to have in my repertoire of knowledge

I teach a graduate level course called Traumatic Brain Injury for future Speech-Language Pathologists, & this time, this book will be 1 of the required texts. Can't wait to apply the therapy procedures in practical clinical methods for Cognitive Rehabilitation.

Good book! Easy to read, straight forward and informative.

Although there is a lot of research information that makes the book cumbersome to read, the ideas and information makes this book a valuable resource long after it is read.

Just what I was looking for!! This book consolidates both the theoretical framework supporting and tools used to deliver cognitive rehabilitation to those persons with acquired brain injuries and disorders by a variety of providers in a variety of settings. Now if we could only work out the payment issues and have a companion guide for that!

An excellent resource incorporating critical aspects of theory along with extensive practice-related information, including goal development and data tracking.

Incredible book for all speech pathologists, OTs, PTs, you name it. The book provides comprehensive plans for generalizable treatments, with thorough discussions about what it means to optimize your rehabilitation strategy. Can't recommend it enough

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